

Center for Elimination of Disproportionality and Disparities Trainings

HHS Equity Curriculum (8 hours) Minimum 12 – Maximum 24 participants

The Equity Curriculum is designed to define and understand race and ethnicity, systemic racial inequities, share data, and examine the impact of historical and current policies and laws that impact disproportionate and disparate outcomes for individuals served in our systems. This interactive workshop presents an opportunity for professionals, community members, and anyone else interested in improving service delivery to collaborate and learn more about these issues in a nonthreatening, productive environment, and to identify ways of working differently to address them. The curriculum gives you concrete tools that can be used in your programs.

Courageous Conversations (4 hours) Minimum 12 – 45 Maximum participants

In this introductory course, training participants will establish a common language to inform work to address racial disproportionality and disparities. The power of socialization will be examined and participants will review local data for powerful evidence of racial inequities within our systems. Participants will have courageous conversations about race, consider resources for supporting positive change, and learn the importance of having community members inform decision making within agencies and systems.

Poverty Simulation (4 hours) Minimum 40 – Maximum 80 participants

Poverty Simulation is a role playing experience. At this training you will experience a day in the life of an individual receiving or accessing services, you get to be that person, using Supplemental Nutrition Assistance Program (SNAP) benefits or go and apply for a job using public transportation. The poverty simulation experience is designed to help participants begin to understand what it might be like to see what those we serve experience every day.

Life-Course Perspective (1.5 hours) Minimum 10 – Maximum 30 participants

The Life Course Perspective game leads participants through an interactive experience, designed to illustrate key concepts of the life course framework. Specifically, participants receive birth certificates at the start of the game that identify socially - and biologically-based historical factors that help determine their course in life.

CLAS module (on-line - 1.5 hours)

CLAS online training was developed by the Center's Office of Minority Health and Health Equity (OMHHE) and provides an understanding of the National Culturally and Linguistically Appropriate Standards (CLAS). The modules' aim is to improve health care quality and health equity in communities. This online training is designed for health care providers, such as physicians, nurses, social workers, community health workers, Promotoras, and other professionals. The goal of this module is to improve cultural proficiency among physicians and other health-care professionals with practical guidance about how to advance health equity by adopting and implementing the National Standards for Culturally and Linguistically Appropriate Services (CLAS) in Health and Health Care.

Mental Health First Aid (8 hours) Minimum 20 – Maximum 30 participants

Mental Health First Aid is a public education program that introduces participants to risk factors and warning signs of mental illnesses, builds understanding of their impact, and overviews common supports. This 8-hour course uses role-playing and simulations to demonstrate how to offer initial help in a mental health crisis and connect persons to the appropriate professional, peer, social, and self-help care. The program also teaches the common risk factors and warning signs of specific types of illnesses, like anxiety, depression, substance use, bipolar disorder, eating disorders, and schizophrenia.