

# Compare Extra Services STAR+PLUS Medical Plans Offer in the Medicaid Rural Service Area – Northeast

(Anderson, Angelina, Bowie, Camp, Cass, Cherokee, Cooke, Delta, Fannin, Franklin, Grayson, Gregg, Harrison, Henderson, Hopkins, Houston, Lamar, Marion, Montague, Morris, Nacogdoches, Panola, Rains, Red River, Rusk, Sabine, San Augustine, Shelby, Smith, Titus, Trinity, Upshur, Van Zandt, and Wood counties)

## STAR+PLUS Program Services for Members with Medicaid Only:

Every STAR+PLUS medical plan offers the same basic set of health services you’ve been getting through traditional Medicaid. In addition to those services, STAR+PLUS program offers more, such as:

- Health education classes
- Service coordination (helping you get the services you need)
- No limit on medicines your doctor orders (prescriptions)

Through STAR+PLUS you also get long-term services such as:

- Adult day care
- Adult foster care
- Nursing
- Medical supplies
- Assisted living/ home care
- Emergency response services
- Short-term help for caregivers
- Adaptive aids (things like walkers and canes)
- Personal assistance (help with dressing, eating, and bathing)
- Home modifications (things like wheelchair ramps and grab bars)
- Speech therapy (helping you learn to speak again or speak better)
- Occupational therapy (helping you learn to do everyday activities)
- Physical therapy (helping you learn to move around better or become stronger)

## Extra Services:

In addition to the services listed above, the STAR+PLUS medical plans in your area also offer extra services. These extra services cannot be used in place of services provided by Medicaid, including those provided by the following programs: Intermediate Care Facilities for Individuals with Intellectual Disabilities or Related Conditions (ICF-IID), Home and Community-based Services (HCS), Community Living Assistance and Support Services (CLASS), Deaf Blind with Multiple Disabilities (DBMD), and Texas Home Living (TxHmL).

Use this chart to compare the extra services each plan offers its members. If you have questions about a plan’s extra services, call the number under that plan’s name.

A “blank” under a plan’s name means that the plan does not offer the service listed.

	Cigna-HealthSpring	UnitedHealthcare Community Plan
For questions or doctor information:	1-877-653-0327	1-888-887-9003
TTY line for people with a hearing or speech disability:	7-1-1 English and Spanish	7-1-1 English and Spanish
Help for mental health, drug, or alcohol problems:	1-877-725-2539	1-866-302-3996
For prescription or medicine information:	1-877-653-0327	1-888-887-9003
Health Plan Website:	<a href="http://starplus.mycignahealthspring.com">http://starplus.mycignahealthspring.com</a>	<a href="http://www.uhccommunityplan.com">www.uhccommunityplan.com</a>

Value-added Services	Cigna-HealthSpring	UnitedHealthcare Community Plan
24-Hour Nurse Line	Yes	Yes

<b>Value-added Services</b>	<b>Cigna-HealthSpring</b>	<b>UnitedHealthcare Community Plan</b>
Extra Help with Getting a Ride	Help getting a ride to a doctor and other medical appointments.	Help getting a ride to doctor visits.
Dental Services	Up to \$500 each year for check-ups, x-rays, cleanings, fillings and simple tooth extractions for members 21 and older.	Up to \$500 for cleaning, scaling, and oral check-up for members 21 and older.
Extra Vision Services	Members 21 and older can have an eye exam, a pair of glasses and an additional allowance of up to \$100 for enhanced frame selection every year.	Up to \$105 every 2 years for extra choice of frames and lenses or contact lenses, or for loss or damage.
Discount Pharmacy / Over-the-Counter Benefits	\$10 each month for over-the-counter medicines or healthcare-related items that don't need a prescription.	
Sports and School Physicals		Members ages 4 to 19.
Help for Members with Asthma		Allergy-free mattress cover and pillowcase.
Extra Help for Pregnant Women	One book a year for pregnant women.	
Home Visits	<ul style="list-style-type: none"> <li>• One home health visit for new moms every year.</li> <li>• Up to 24 hours of respite care in a year.</li> </ul>	<ul style="list-style-type: none"> <li>• In-home respite services for non-STAR+PLUS waiver members.</li> <li>• Home-delivered meals after getting out of the hospital for non-STAR+PLUS waiver members.</li> </ul>
Health and Wellness Services		<ul style="list-style-type: none"> <li>• Passes to attend Weight Watchers meetings.</li> <li>• Pack of name bands for members with IDD.</li> <li>• Alzheimer's Association Care planning session for members with Alzheimer's disease.</li> <li>• MedicAlert®+Alzheimer's Association safety program for members diagnosed with Alzheimer's.</li> <li>• Mental health services provided in-home or off-site.</li> <li>• Access to LiveandWorkWell.com, which provides articles, videos, legal resources, and provider searches.</li> </ul>
Healthy Play and Exercise Programs	Choice of two Fitness Coach Home Fitness kits or facility membership	
Emergency Response Services	Access to emergency response system in home for rapid response to medical emergencies.	Access to system for rapid response to medical emergencies for eligible members.

Value-added Services	Cigna-HealthSpring	UnitedHealthcare Community Plan
<p style="text-align: center;">Gift Programs</p>	<ul style="list-style-type: none"> <li>• \$30 gift card for members who complete first Texas Health Steps checkup within 90 days.</li> <li>• \$20 gift card for getting an annual checkup or Texas Health Steps checkup and certain tests or vaccines.</li> <li>• \$20 gift card for female members who have a recommended mammogram.</li> <li>• \$20 gift card for members who are diabetic who complete a recommended HbA1c lab test.</li> <li>• Members get one 7-day pillbox every 12 months. Each pillbox has 14 compartments for medication.</li> <li>• Members get one box of vinyl gloves every month.</li> <li>• Members get one reacher/grabber every year.</li> <li>• Members get one cold &amp; flu kit every year.</li> <li>• Members get one first aid kit every year.</li> <li>• Members get one clip-on lamp a year.</li> <li>• Members get one fleece lap blanket each year.</li> </ul>	<ul style="list-style-type: none"> <li>• Gift card for work-out clothes for members who finish Weight Watchers or JOIN for ME program.</li> <li>• Gift card for members who complete their annual checkup.</li> <li>• “Mikey’s Guide to Summer Camps and Activities for Children with Disabilities” per family each year.</li> <li>• Full-length foot insoles each year for members 18 and older who have diabetes.</li> </ul>