

Compare Extra Services STAR+PLUS Medical Plans Offer in the Medicaid Rural Service Area – Central Texas

(Bell, Blanco, Bosque, Brazos, Burleson, Colorado, Comanche, Coryell, DeWitt, Erath, Falls, Freestone, Gillespie, Gonzales, Grimes, Hamilton, Hill, Jackson, Lampasas, Lavaca, Leon, Limestone, Llano, Madison, McLennan, Milam, Mills, Robertson, San Saba, Somervell, and Washington counties)

STAR+PLUS Program Services for Members with Medicaid Only:

Every STAR+PLUS medical plan offers the same basic set of health services you’ve been getting through traditional Medicaid. In addition to those services, STAR+PLUS plans offer more, such as:

- Health education classes
- Service coordination (helping you get the services you need)
- No limit on medicines your doctor orders (prescriptions)

Through STAR+PLUS you also get long-term services such as:

- Adult day care
- Adult foster care
- Nursing
- Medical supplies
- Assisted living/ home care
- Emergency response services
- Short-term help for caregivers
- Adaptive aids (things like walkers and canes)
- Personal assistance (help with dressing, eating, and bathing)
- Home modifications (things like wheelchair ramps and grab bars)
- Speech therapy (helping you learn to speak again or speak better)
- Occupational therapy (helping you learn to do everyday activities)
- Physical therapy (helping you learn to move around better or become stronger)

Extra Services:

In addition to the services listed above, STAR+PLUS medical plans in your area also offer extra services. These extra services cannot be used in place of services provided by Medicaid, including those provided by the following programs: Intermediate Care Facilities for Individuals with Intellectual Disabilities or Related Conditions (ICF-IID), Home and Community-based Services (HCS), Community Living Assistance and Support Services (CLASS), Deaf Blind with Multiple Disabilities (DBMD), and Texas Home Living (TxHmL).

Use this chart to compare the extra services each plan offers its members. If you have questions about a plan’s extra services, call the number under that plan’s name.

A “blank” under a plan’s name means that the plan does not offer the service listed.

| | Superior HealthPlan | UnitedHealthcare Community Plan |
|--|----------------------------|---------------------------------|
| For questions or doctor information: | 1-866-516-4501 | 1-888-887-9003 |
| TTY line for people with a hearing or speech disability: | 1-800-735-2989 | 7-1-1 English and Spanish |
| Help for mental health, drug, or alcohol problems: | 1-800-466-4089 | 1-866-302-3996 |
| For prescription or medicine information: | 1-866-516-4501 | 1-888-887-9003 |
| Health Plan Website: | www.superiorhealthplan.com | www.uhccommunityplan.com |

| Value-added Services | Superior HealthPlan | UnitedHealthcare Community Plan |
|--------------------------------|---------------------|---------------------------------------|
| 24-Hour Nurse Line | Yes | Yes |
| Extra Help with Getting a Ride | | Help getting a ride to doctor visits. |

| Value-added Services | Superior HealthPlan | UnitedHealthcare Community Plan |
|---|---|---|
| Dental Services | Members 21 and older may receive up to \$250 annually for exams, x-rays, cleanings and fluoride treatments. | Up to \$500 for cleaning, scaling, and oral check-up for members 21 and older. |
| Extra Vision Services | \$100 for choice of upgraded eyeglass frames and lenses or contact lenses every year. | Up to \$105 every 2 years for extra choice of frames and lenses or contact lenses, or for loss or damage. |
| Drug Store Services/Over-the-counter Benefits | \$30 allowance for over-the-counter medicines through the mail every calendar quarter. | |
| Temporary Phone Help | <ul style="list-style-type: none"> • Up to 750 additional minutes per month for members using Safelink phones and enrolled in a case management program. • Connections Plus Phone and monthly minutes for members who don't qualify for a Safelink phone and are enrolled in a case management program. | |
| Sports and School Physicals | | Members ages 4 to 19. |
| Help for Members with Asthma | Superior will provide one spacer and peak flow meter as part of the member's introductory mailing when enrolled into Superior's asthma disease management program. | Allergy-free mattress cover and pillowcase. |

| Value-added Services | Superior HealthPlan | UnitedHealthcare Community Plan |
|-------------------------------|--|--|
| Extra Help for Pregnant Women | <ul style="list-style-type: none"> • Start Smart® Baby Shower program for pregnant members. Baby shower includes a diaper bag and starter supply of diapers and other nominal items. • Members can receive a convertible car seat, after attending a baby shower and completing one prenatal visit during the first trimester or within 42 days of enrollment with Superior. • Pregnant members can receive gift cards for completing prenatal visits, following confirmation of the visit: <ul style="list-style-type: none"> ○ \$20 for prenatal visit in first trimester or within 42 days of enrollment. ○ \$20 for 3rd prenatal visit. ○ \$20 for 6th prenatal visit. ○ \$20 for 9th prenatal visit. ○ \$20 for flu shot during pregnancy. ○ \$20 for timely postpartum visit within 21-56 days of delivery. ○ \$30 for agreeing to receive pregnancy related text messages (\$5/month for 6 mos). | |
| Home Visits | <ul style="list-style-type: none"> • Home visit for high-risk STAR+PLUS members in the asthma disease management program or members in case management for high risk pregnancy. • 10 home-delivered meals per year after getting out of acute inpatient hospital or nursing facility for non-STAR+PLUS waiver members 21 and older. • Non-STAR+PLUS waiver members ages 21 to 99 will have access to 8 hours of in-home respite care services. | <ul style="list-style-type: none"> • In-home respite services for non-STAR+PLUS waiver members. • Home-delivered meals after getting out of the hospital for non-STAR+PLUS waiver members. |
| Emergency Response Services | Round-the-clock emergency response services for non-STAR+PLUS HCBS waiver adult members. | Access to system for rapid response to medical emergencies for eligible members. |

| Value-added Services | Superior HealthPlan | UnitedHealthcare Community Plan |
|---------------------------------------|--|--|
| Health and Wellness Services | <ul style="list-style-type: none"> • Online consumer directed mental health resources for members. • Phone outreach, education and support services to reduce the health risks associated with smoking during pregnancy. Program includes plan to quit, health kit to support not smoking and materials to help you quit. Participants in the program receive a carrying bag filled with mints, baby bib and bottle, stress ball and magnet. | <ul style="list-style-type: none"> • Passes to attend Weight Watchers meetings. • Pack of name bands for members with IDD. • Alzheimer’s Association Care planning session for members with Alzheimer’s disease. • MedicAlert®+Alzheimer’s Association safety program for members diagnosed with Alzheimer’s. • Mental health services provided in-home or off-site. • Access to LiveandWorkWell.com, which provides articles, videos, legal resources, and provider searches. |
| Gift Programs | <p>Start Smart® program offers gift cards for completion of certain healthy activities related to your pregnancy and delivery. The program offers the following cash awards:</p> <ul style="list-style-type: none"> • \$20 for prenatal visit within first trimester or 42 days of enrollment with Superior. • \$20 for flu shot during pregnancy. • \$20 for 3rd prenatal visit. • \$20 for 6th prenatal visit. • \$20 for 9th prenatal visit. • \$20 for postpartum visit within 21-56 days of delivery. • \$5 per month upon enrollment in our texting education program up to 6 months. | <ul style="list-style-type: none"> • Gift card for work-out clothes for members who finish Weight Watchers or JOIN for ME program. • Gift card for members who complete their annual checkup. • “Mikey’s Guide to Summer Camps and Activities for Children with Disabilities” per family each year. • Full-length foot insoles each year for members 18 and older who have diabetes. |
| Extra Foot Doctor (Podiatry) Services | Yes | |
| Additional Behavioral Health Benefits | Superior HealthPlan | UnitedHealthcare Community Plan |
| Inpatient Follow-up Incentive Program | Gifts for members 20 and younger who go to a follow-up doctor visit within 7 days of one hospital stay per year. Gifts include a stuffed bear, a book and a \$10 gift card. | |