

Compare Extra Services STAR+PLUS Medical Plans Offer in the Hidalgo Service Area



(Cameron, Duval, Hidalgo, Jim Hogg, Maverick, McMullen, Starr, Webb, Willacy, and Zapata counties)

STAR+PLUS Program Services for Dual Eligible Members:

If you are covered by both Medicaid and Medicare, most of your basic health services and medicines your doctor orders (prescriptions) are covered by Medicare. Through STAR+PLUS you will get long-term services and help getting other services you need. The STAR+PLUS plan you pick will pay for Medicaid-approved medicines and services you get that are not covered by Medicare. These include long-term services such as:

- Adult day care
- Adult foster care
- Nursing
- Emergency response services
- Short-term help for caregivers
- Medical supplies
- Assisted living / home care
- Personal assistance (help with dressing, eating, and bathing)
- Adaptive aids (things like walkers and canes)
- Home modifications (things like wheelchair ramps and grab bars)
- Speech therapy (helping you learn to speak again or speak better)
- Occupational therapy (helping you learn to do everyday activities)
- Physical therapy (helping you learn to move around better or become stronger)

Extra Services:

In addition to the services listed above, the STAR+PLUS medical plans in your area also offer extra services. These extra services cannot be used in place of services provided by Medicaid, including those provided by the following programs: Intermediate Care Facilities for Individuals with Intellectual Disabilities or Related Conditions (ICF-IID), Home and Community-based Services (HCS), Community Living Assistance and Support Services (CLASS), Deaf Blind with Multiple Disabilities (DBMD), and Texas Home Living (TxHmL).

Use this chart to compare the extra services each plan offers its members. If you have questions about a plan’s extra services, call the number under that plan’s name.

A “blank” under a plan’s name means that the plan does not offer the service listed.

	Cigna-HealthSpring	Molina Healthcare of Texas	Superior HealthPlan
For questions or doctor information:	1-877-653-0327	1-866-449-6849	1-866-516-4501
TTY line for people with a hearing or speech disability:	7-1-1 English and Spanish	1-800-735-2989 or 7-1-1	1-800-735-2989
Health Plan Website:	http://starplus.mycignahealthspring.com	www.molinahealthcare.com	www.superiorhealthplan.com

Value-added Services	Cigna-HealthSpring	Molina Healthcare of Texas	Superior HealthPlan
24-Hour Nurse Line	Yes	Yes	Yes
Extra Help with Getting a Ride	Help getting a ride to a doctor and other medical appointments.	\$25 gas card for doctor follow-up visit within 30 days of leaving the hospital.	

Value-added Services	Cigna-HealthSpring	Molina Healthcare of Texas	Superior HealthPlan
Dental Services		Up to \$250 per year for dental checkups, x-rays and cleaning for members 21 and older.	
Discount Pharmacy / Over-the-Counter Benefits	\$10 each month for over-the-counter medicines or healthcare-related items that don't need a prescription.		
Temporary Phone Help		Safelink will provide a free cell phone with up to 350 monthly minutes. Molina members will receive free, unlimited calls to Molina Member Services and unlimited free texting. Available to all members that qualify for the federal lifeline program.	

Value-added Services	Cigna-HealthSpring	Molina Healthcare of Texas	Superior HealthPlan
<p style="text-align: center;">Gift Programs</p>	<ul style="list-style-type: none"> • Members get one 7-day pillbox every 12 months. Each pillbox has 14 compartments for medication. • Members get one box of vinyl gloves every month. • Members get one reacher/grabber a year. • Members get one cold & flu kit every year. • Members get one first aid kit every year. • Members get one clip on lamp a year. • Members get one fleece lap blanket each year. 	<ul style="list-style-type: none"> • STAR+PLUS members with major depression and currently taking an antidepressant medication, who remain on their medication for 84 days would receive a \$20 gift card and an additional \$20 gift card for remaining on medication for 180 days. • \$20 gift card for STAR+PLUS members who complete an office visit with their primary care provider or behavioral health specialist within 7 days of hospitalization for a mental health condition and an additional \$20 gift card for completing an office visit within 30 days of hospitalization for a mental health condition. • One \$20 gift card each year for current female members between the ages of 50 to 74 at average risk, who complete a recommended mammogram. • \$20 gift card twice yearly for STAR+PLUS members who are diabetic who complete 2 visits with a registered dietitian. • \$10 gift card every six months for STAR+PLUS members with diabetes or high blood pressure who attend all of their Weight Watchers meetings and lose weight or maintain their weight loss. • \$10 Gift Card for STAR+PLUS members who complete a follow-up doctor visit within 30 days of getting out of the hospital. • \$10 Gift Card for STAR+PLUS Hidalgo members that complete a follow-up primary care provider visit within 3 weeks of being in the emergency room. • Free accessory tote bag for STAR+PLUS members. Available one time only. 	
<p style="text-align: center;">Extra Help for Pregnant Women</p>	<p style="text-align: center;">One book for expecting moms in a 12-month period.</p>		

Value-added Services	Cigna-HealthSpring	Molina Healthcare of Texas	Superior HealthPlan
Home Visits	Up to 24 hours of respite care in a year.	Up to an extra 8 hours respite services per calendar year for non-STAR+PLUS waiver members age 21 and over.	<ul style="list-style-type: none"> • 10 home-delivered meals per year after getting out of acute inpatient hospital or nursing facility for non-STAR+PLUS waiver members 21 and older. • Non-STAR+PLUS waiver members ages 21 to 99 will have access to 8 hours of in-home respite care services.
Health and Wellness Services		<ul style="list-style-type: none"> • Weight Watchers program meeting vouchers for members 15 and older with BMI of 30 or more and diabetic members with A1c of 8 or more. • Body weigh scale once yearly for STAR+PLUS members with congestive heart failure. • Free membership in National Stop-Smoking program for members 18 and older and pregnant women of any age. • Up to 10 home-delivered meals each year after getting out of hospital or nursing facility for non-STAR+PLUS waiver members 21 and older. • Home blood pressure monitoring kit for members with cardiovascular disease. • Home exercise kit (includes jump rope, tubing with handles, flat resistance band, pedometer, reflective arm band, Get Started guide, Exercise Flip Cards, 6 week fitness and nutrition plans, articles, recipes, advice, and online exercise library) for members 15 and older with BMI of 30 or more and diabetic members with A1c of 8 or more. 	
Healthy Play and Exercise Programs	Choice of two Fitness Coach Home Fitness kits or facility membership.		
Emergency Response Services (ERS)	Access to emergency response system in home for rapid response to medical emergencies.	Emergency response services for non-STAR+PLUS Waiver (non-SPW) members 21 and older.	Round-the-clock emergency response services for non-STAR+PLUS HCBS waiver adult members.