

**Tool IX-C**  
**Value Tools**  
**What If**

**What if** you never got to make a mistake?

**What if** your money was always kept in an envelope where you couldn't get to it?

**What if** you were always treated like a child?

**What if** your only chance to be with people different from you was with you own family?

**What if** the job you did was not useful?

**What if** you never got to make a decision?

**What if** the only risky thing you could do was act out?

**What if** you couldn't go outside because the last time you did it rained?

**What if** you took the wrong bus once and now you can't take another one?

**What if** you got into trouble and were sent away and you couldn't come back because they always remember you're "trouble?"

**What if** you worked and got paid 46 cents an hour?

**What if** you had to wear your winter coat when it rained because it was all you had?

**What if** you had no privacy?

**What if** you could do part of the grocery shopping but you weren't allowed to do any because you weren't able to do all the shopping?

**What if** you spent three hours a day just waiting?

**What if** you grow old and never know adulthood?

**What if** you never got a chance?

From Changing Expectations/Planning for the Future: A Parent Advocacy Manual, by Dorothy Sauber, published by the Association for Retarded Citizens, Minnesota, Minneapolis, MN.