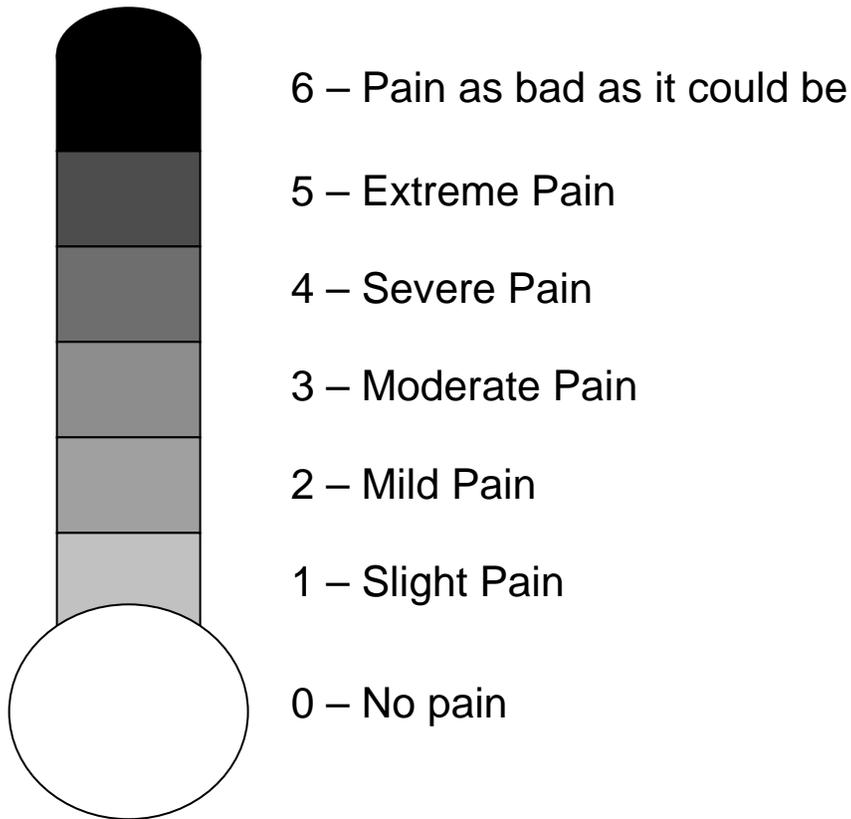


# Pain Thermometer – Verbal Descriptor Scale



Instructions: Show and read the pain scale to the resident. Wait for a verbal reply or for the resident to point to the appropriate response. Give the resident at least 30 seconds to reply. Repeat the question and directions at least three times to reply before a resident is considered unable to respond. The resident should be sitting upright, facing the interviewer. Have a good light. Be sure the resident has his/her hearing aide(s) in and glasses on if necessary. You also may want to try the words “aching,” “soreness,” or “discomfort,” instead of “pain.”

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