

Dementia and Wandering

Mr. Bolton is 68 years old with dementia and wandering behavior who resides in a secured unit. He is able to feed himself with set-up and verbal cueing. Mr. Bolton is 5'10" tall and currently weighs 148#. He has experienced gradual weight loss, and his Body Mass Index has fallen below 22kg/m². The Registered Dietitian (RD) calculated his daily fluid needs as 2200 cc. (approximately 9 ¼ cups / 73.3 ounces).

CARE PLAN

Diagnosis: Dementia

Date	Problem	Goals	Approaches/Interventions	Discipline	Resolution/Review
11/14/13	<p>Potential for DHN related to:</p> <ul style="list-style-type: none"> Severely impaired decision-making Wandering/ increased energy expenditure and fluid needs Unaware of need to drink Fluids are not provided ad lib in the secured unit 	<p>Mr. Bolton will drink between <u>9 to 10 cups of fluid</u> each day through target date.</p> <p>Mr. Bolton will not have constipation and will maintain a regular bowel program.</p> <p>Mr. Bolton will improve fluid volume as evidenced by no electrolyte imbalance or decreased urine output.</p> <p>Mr. Bolton will have no signs/symptoms of dehydration through next target date.</p>	<ol style="list-style-type: none"> Provide at least two eight-ounce beverage preferences with meals such as: <u>iced tea, fruit punch, or coffee with skim milk.</u> Offer eight ounces of fluid with medication pass every shift. Offer eight ounces of fluid with each snack service. Mr. Bolton prefers: <u>fruit punch.</u> Offer sips of fluids each time Mr. Bolton passes the nurses' station. Use verbal prompts to cue Mr. Bolton to drink fluids. <u>Discuss how medications, diagnoses, ADL's schedule, weather or other residents affect Mr. Bolton's wandering.</u> RD will assess hydration needs annually or as health condition/amount of wandering changes. Discuss need for quarterly laboratory analysis to assess hydration status with physician. Assess for __weight change __B/P __hypotension __dry/cracked lips __constipation 	<p>Dietary Nursing/CNA</p> <p>Nursing CMA CNA</p> <p>Nursing</p> <p>Nursing/CNA Family</p> <p>Interdisciplinary Team Family</p> <p>RD</p> <p>Nursing RD</p> <p>Nursing/CNA</p>	<p>Monitor daily. Review monthly</p> <p>Review quarterly or with change of condition</p> <p>Review annually or with change of condition</p> <p>Review quarterly</p> <p>Monitor daily. Review monthly</p>