

Mr. Smithers is 83 years old with Alzheimer's dementia, and swallowing difficulty. He is a very slow eater and is fed in his room by staff. Recently his meal intake has decreased to an average of 75%. Mr. Smithers is 6'5" tall and currently weighs 146#. He has experienced a 30-pound weight loss since admission three years ago, and his Body Mass Index has decreased to 17kg/m<sup>2</sup>. The Registered Dietitian calculated his daily energy needs as 1986 calories and 95 grams of protein.

Date	Problem	Goal	Approaches	Disc	Review
1/15 2008	Potential for unintended weight loss related to: <ul style="list-style-type: none"> <li>dependence for meals</li> <li>BMI below 19kg/m<sup>2</sup>; 70% ideal body weight</li> <li>isolation during meals</li> </ul>	<ul style="list-style-type: none"> <li>Mr. Smithers will maintain weight between <del>138</del> and <del>154</del> #.</li> <li>Maintain BMI <math>\geq 17</math></li> <li>Mr. Smithers will eat 10 meals a week in the dining room</li> </ul> <p>Changed/4/15/08</p>	<p>Provide a <u>pureed consistency</u> diet.</p> <p>Escort Mr. Smithers to the dining room for lunch and dinner no more than 15 minutes prior to meal service</p> <p>Staff will sit to assist Mr. Smithers during the meal.</p> <p>Document meal intake daily in the official record and monitor weekly.</p> <p>If/when less than 50% meal intake occurs, offer substitute first and then a liquid nutritional supplement.</p> <p>Offer high calorie snacks between meals and before bedtime including pureed preferences of: <u>banana pudding, vanilla ice cream, peanut butter with syrup.</u></p> <p>Notify the physician, family, and RD if Mr. Smithers loses an additional <u>4</u> # despite interventions</p> <p>Refer Mr. Smithers' to speech therapy for swallowing evaluation and therapy.</p>	<p>Diet</p> <p>Nurs/ CNA</p> <p>CNA</p> <p>CNA</p> <p>Nurs/ CNA</p> <p>Diet/ Nurs</p> <p>Nurs</p> <p>ST</p>	
4/15 2008	Goal not met: current wt is 131#; Resident unable sit for dining; constantly wanders	4/15/08 Will not lose more than 1#/month	<p>4/15/ fortified food program</p> <p>4/15/ redirect to meal – as much as possible</p> <p>Med Pass 2.0 TID</p> <p>Discuss with family the disease process/progression</p>	<p>Diet</p> <p>Nurs</p> <p>Nurs</p> <p>Nurs/ SW</p>	
7/15 2008	Goal not met: weight decreased to 127#; ST notes swallowing problem. Resident spends most of time in bed	7/15/08 Resident will receive comfort measures to meet needs.	<p>7/15/08</p> <p>Refer to MD for end-stage diagnosis/Palliative Care/ /Hospice care</p> <p>Refer to RD to reassess nutritional needs based on palliative care</p> <p>Resident will be offered six small meals/day</p> <p>Spoon feed 3meal/3 snacks</p> <p>Review Advance Directives</p>	<p>SW/ Nurs</p> <p>Nurs</p> <p>Diet</p> <p>CNA</p> <p>Nurs/ SW</p>	