

## Key Results from Texas Nutrition Provider Survey 2010 (77 Responses)

- Menu offered
  - Set menu-No Choice- 96%
  - Choice of meal- 3%
  - Choice of food item- 1%
- Modified diets offered
  - Only Regular diet offered-54%
  - Low or no added salt-41%
  - Low or no added sugar-32%
- Writes the menu
  - Contract or staff dietitian with AAA-44%
  - Contract or staff dietitian with provider organization-20%
  - Food vendor- 13%
  - Food service staff person – 11%
  - Caterer- 9%
- Approves menus
  - Contract or staff dietitian with AAA-44%
  - Contract or staff dietitian with provider organization-27%
  - Food vendor- 13%
  - Food service staff person – 7%
  - Caterer- 7%
- Analyzes menus
  - Contract or staff dietitian with AAA-46%
  - Contract or staff dietitian with provider organization-27%
  - Food vendor- 14%
  - Food service staff person – 0%
  - Caterer- 7%
- Method of Documentation
  - Texas Model Meal Pattern- 48%
  - Computer Analysis- 52%
- Food service system
  - Self-operated central kitchen– 63%
  - Self-operated satellite kitchens -8%
  - Catered-28%
  - Frozen meals purchased- 1%
- Menu cycle
  - Yes – 60%
  - No – 11%
  - Not sure -9%