



Presentation to the Senate Health and Human Services Committee: Healthy Texas Women and Family Planning Programs

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Women's Health in Texas

- Texas is experiencing substantial population growth:
 - Between 2000 and 2013, Texas added 1.2 million more residents, more than any other state, and grew by 4.8%, compared to 2.2% growth for the entire country.
 - In 2014, 42% of women (5.7 million) were of childbearing age.
- Access to health care among women in Texas:
 - In 2014, 78% of women 19-64 years had health insurance coverage.

Medicaid Costs for Preterm Births

- Approximately 53% of all Texas births (213,253) paid by Medicaid.
- Over \$3.5 billion per year for birth and delivery-related services for moms and infants in the first year of life.
- Medicaid newborn average costs:
 - Prematurity/low birth weight complications \$ 109,220
 - Full-term birth \$ 572
- In FY 2015, Medicaid paid over \$402 million for newborns with prematurity and low birth weight. Care delivered in the neonatal intensive care unit (NICU) is now the costliest episode of medical care for the non-elderly population.

Clients Served

- In order to receive services, potential clients must meet certain eligibility requirements.
- For all programs, eligibility is determined by:
 - Residency status
 - Income level
 - Family size
 - Healthcare needs

Number of Clients

	FY 2010	FY 2011	FY 2012	FY 2013	FY 2014	FY 2015
Family Planning	212,477	195,709	82,953	48,902	55,869	66,118
Breast and Cervical Cancer Screening	33,483	35,911	37,748	36,718	33,599	34,376
Expanded Primary Health Care					147,083	158,209
Women's Health Program/ Texas Women's Health Program	107,567	127,536	126,473	115,440	114,441	105,205
Total	353,527	359,156	247,174	201,060	350,992	363,908

Provider Enrollment: Process

- In order to administer any women's health program, a potential provider must first be an approved Texas Medicaid provider and must sign an affiliate affirmation form.
- Healthy Texas Women providers provide services on a fee-for-service basis and have the option of contracting with the state through an Open Enrollment process to provide additional support services.
- The Family Planning and Breast and Cervical Cancer Services (BCCS) programs select providers based on the results of an Open Enrollment process.
 - Direct services are provided on a fee-for-service basis.

Provider Enrollment: Numbers

Number of Providers

	FY 2010	FY 2011	FY 2012	FY 2013	FY 2014	FY 2015	FY 2016
Family Planning	77	73	57	41	18	18	18
Breast and Cervical Cancer Screening	43	47	44	43	41	41	38
Expanded Primary Health Care					54	58	58
Women's Health Program/ Texas Women's Health Program	1,647	1,328	1,357	3,853	4,097	4,603	4,713
Total	1,767	1,448	1,458	3,937	4,210	4,720	4,827

Number of Clinics

	FY 2010	FY 2011	FY 2012	FY 2013	FY 2014	FY 2015	FY 2016
Family Planning	294	291	214	124	89	105	105
Breast and Cervical Cancer Screening	245	218	216	212	196	203	196
Expanded Primary Health Care					220	280	280
Total	539	509	430	336	505	588	581

Healthy Texas Women

- Healthy Texas Women (HTW) is for women who meet the following qualifications:
 - Are 15 to 44 years of age,
 - Are a U.S. citizen or legal permanent resident,
 - Are Texas residents,
 - Are not pregnant,
 - Do not have health insurance, and
 - Have a household income at or below 200 percent of the Federal Poverty Limit.
- HTW serves women who are sterile or infertile.

Healthy Texas Women

Program Details

Client Eligibility:

- Women ages 15-44 (Ages 15-17 with parental consent)
- 200% Federal Poverty Level
- Citizen/Eligible Immigrant
- Not pregnant
- 5,342 providers

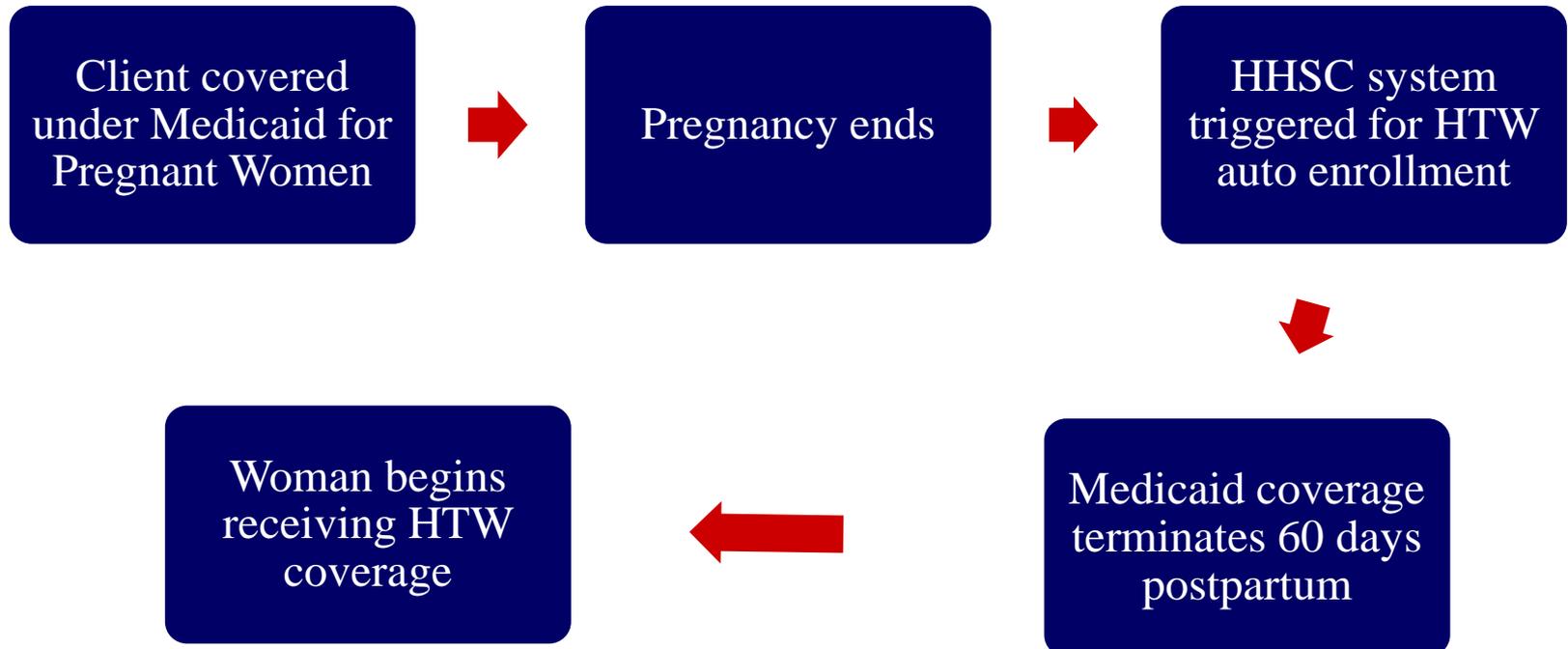
Eligibility Determinations:

- Client eligibility is determined by HHSC
- Clients may apply through a paper application or online
- Services delivered on a fee-for-service basis

Covered Services

- Pelvic examinations
- Contraceptive Services
- Pap tests
- Screening for hypertension, diabetes, cholesterol
- Sexually transmitted infection (STI) services
- Sterilizations
- Breast and Cervical Cancer Screenings and Diagnostic Services
- Immunizations
- Cervical Dysplasia treatment
- Other preventative services

Automatic Enrollment Process



Medicaid Benefit for Pregnant Women

- Medicaid covered services for pregnancy includes all regular acute care benefits as well as:
 - Prenatal/antenatal and postnatal visits, including ultrasounds and other diagnostic procedures, hydroxyprogesterone (17P) administration, and genetic testing such as noninvasive prenatal testing,
 - Delivery services in the hospital, birthing centers and home,
 - Fetal or in utero procedures, including echocardiographs, chorionic villus sampling, and some fetal surgery, and
 - Tobacco use cessation.

Family Planning

- Family Planning is for men and women who meet the following qualifications:
 - Are 64 or younger,
 - Are Texas residents,
 - Have a household income at or below 250 percent of the Federal Poverty Limit,
 - Must not be eligible for any similar program, including the HTW Fee-For-Service program, and
 - Eligibility is determined at the point of service by family planning contractors.

Family Planning

Eligibility

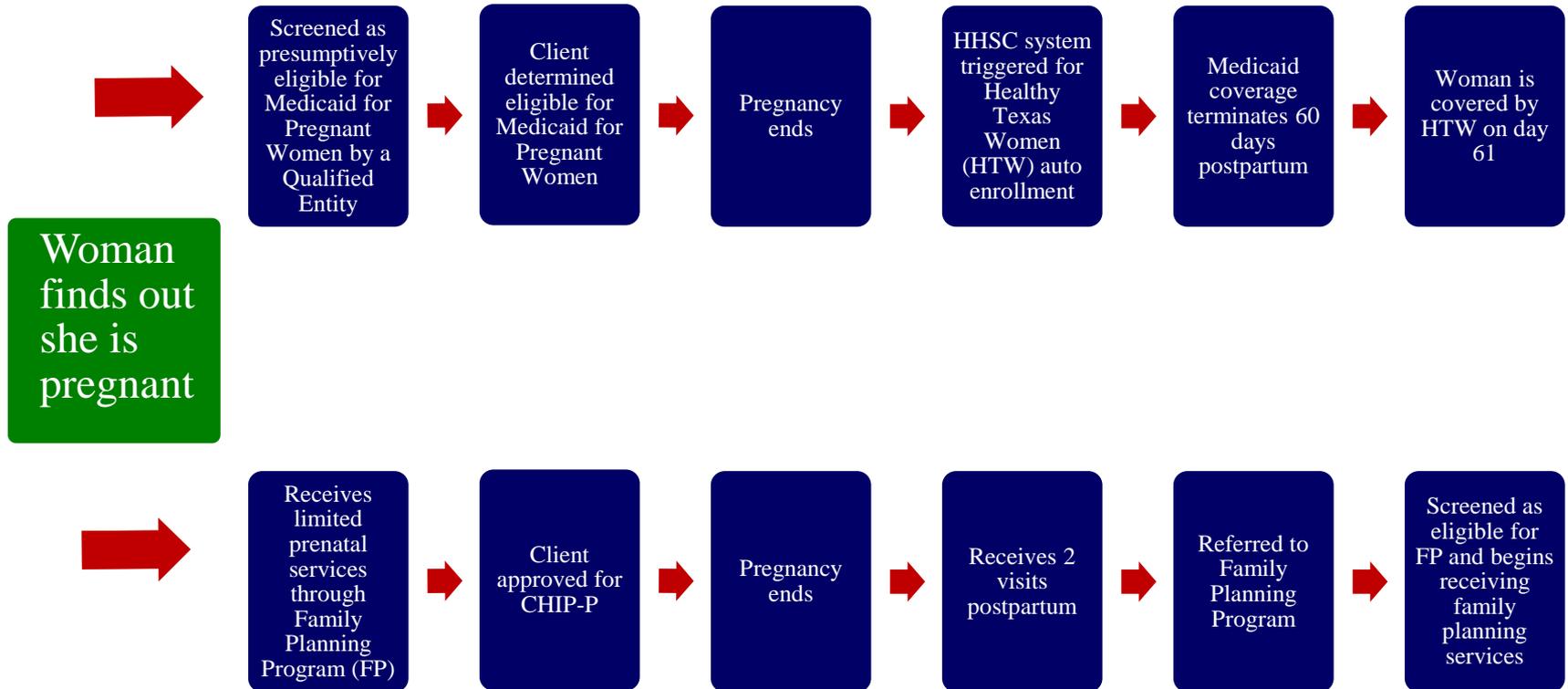
- Women and Men
- Age 64 or younger
- 250% of the Federal Poverty Level (FPL)
- Texas residents
- Must not be eligible for any similar program, including the HTW Fee-For-Service program
- Eligibility is determined at the point of service by family planning contractors
- Since implementation we have seen a steady increase in providers

Covered Services

- Pelvic exam
- Contraceptive Services
- Pap tests
- Screening for hypertension, diabetes, cholesterol
- Sexually transmitted infection (STI) services
- Sterilizations
- Breast and cervical cancer screening and diagnostic services
- Immunizations
- Prenatal Services

- **CHIP Perinatal Clients:**
 - Clients covered under CHIP Perinatal will not be eligible for automatic enrollment into HTW.
 - Once a woman's pregnancy ends, she may be eligible to receive Family Planning Program coverage for reproductive health care services.
 - Clients can locate a Family Planning provider at www.HealthyTexasWomen.org.

Women's Health Coverage



Breast and Cervical Cancer Services

Program Details

- Priority populations:
 - Women 50-64 for breast screenings
 - Women 21-64 for cervical screenings
- Income at or below 200% FPL
- \$12.3 Million (Fed/GR) annually
- 38 Contractors / 196 Clinics
- 34,376 Clients served (FY2015)
- 1,735 Medicaid for Breast and Cervical Cancer (MBCC) Applications Processed (FY2015)

Covered Services

- Clinical Breast Exam
- Mammograms
- Pelvic Examination
- Pap tests
- Diagnostic services for women with abnormal breast or cervical cancer test results
- Cervical dysplasia treatment
- Individualized case management
- Assist clients in need of treatment to apply to the Medicaid for Breast and Cervical Cancer (MBCC) program

- Long-acting reversible contraception (LARC, such as intrauterine devices and contraceptive implants) is a safe and highly beneficial contraceptive.
 - Highly effective method of contraception
 - Highest continuation and satisfaction rates
 - Can be used by most women
 - Increased use may reduce unintended pregnancy rates
 - The American College of Obstetricians and Gynecologists (ACOG) recommends offering LARC methods as first-line contraceptive methods and supports post-partum insertion of LARC as safe, effective, and advantageous

Source: American College of Obstetricians and Gynecologists. Committee Opinion No. 539, “Adolescents and Long-Acting Reversible Contraception: Implants and Intrauterine Devices,” October 2012.

American College of Obstetricians and Gynecologists. Practice Bulletin No. 121, “Long-Acting Reversible Contraception: Implants and Intrauterine Devices,” July 2011.

Initiatives for LARC

- On January 1, 2016, HHSC implemented several policy changes in an effort to increase access to and utilization of LARC in Texas Medicaid and the Texas Women’s Health Program (TWHP)
- The article “Reimbursement Methodology to Change for Long-Acting Reversible Contraception (LARC) Devices Effective January 1, 2016,” was published on December 31, 2015 on the TMHP website at www.tmhp.com
- The LARC Toolkit was published in June 2016 at www.healthytexaswomen.org

LARC Utilization Rates

Women served who received LARC (of total women receiving contraceptives)

Program	FY 2012	FY 2013	FY 2014	FY 2015
Medicaid Clients	6.5% 31,094	5.9% 28,805	6.7% 31,980	7.5% 37,760
Texas Women's Health Program Clients	6.9% 5,958	7.2% 5,023	9.2% 5,316	10.8% 5,926
Family Planning Clients	5.1% 3,113	7.8% 2,798	13.8% 3,200	13.3% 2,918
Expanded Primary Health Care Clients			9.1% 5,680	12.2% 6,856

- Current outreach initiatives include:
 - Complete website redesign
 - Outreach campaign
 - TV Ads
 - Radio Ads
 - Social Media
 - Stakeholder Fact Sheets
 - Contractor Conference
- The new HealthyTexasWomen.org launched on August 31, 2016.
- For information about Zika, please visit:
www.texaszika.org